

2025 EMAC Boys Conference Championship

May 15, 2025 Hamline University, St. Paul, MN

Boys Team Scores:

1. Liberty Classical Academy	46
2. Math & Science Academy	34
2. Twin Cities Academy/Great River	34
4. Hiawatha Collegiate High School	22.5
5. Avail Academy	16

Boys Varsity 100 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Da'Mari Smith	10 Twin Cities Academy/Great River	11.40a
2 Colin Anderson	12 Liberty Classical Academy	11.67a
3 Melvin Anderson	12 Hiawatha Collegiate High School	11.86a
4 Everett Gilbert	12 Liberty Classical Academy	11.96a
5 Ben Montag	12 Liberty Classical Academy	12.49a
6 Zach Henry	12 Avail Academy	12.52a
7 Alijah Brann	10 Twin Cities Academy/Great River	12.55a
8 Eduardo Flores-Gonzalez	10 Hiawatha Collegiate High School	12.69a
9 Steffanos Abraha	12 Twin Cities Academy/Great River	12.81a
10 Carrick Mick	12 Avail Academy	12.82a
11 Abhinav Kamisetty	11 Math & Science Academy	12.91a
12 Ulices Tablas-Aguilar	11 Hiawatha Collegiate High School	12.93a
13 Noah Vang	9 Math & Science Academy	13.65a
14 Tseemceeb Moua	12 Hmong College Prep Academy	13.65a
15 Michael Yassa	8 Math & Science Academy	13.73a
16 Kongmeng Yang	12 Hmong College Prep Academy	13.92a
17 Cheemoua Yang	12 Hmong College Prep Academy	14.38a

Boys Varsity 200 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Da'Mari Smith	10 Twin Cities Academy/Great River	22.95a
2 Melvin Anderson	12 Hiawatha Collegiate High School	23.79a
3 Everett Gilbert	12 Liberty Classical Academy	24.46a
4 Asai Roberts	10 Hiawatha Collegiate High School	25.21a
5 Zach Henry	12 Avail Academy	25.61a
6 George Yassa	10 Math & Science Academy	25.71a
7 Alijah Brann	10 Twin Cities Academy/Great River	26.31a
8 Eduardo Flores-Gonzalez	10 Hiawatha Collegiate High School	26.41a
9 Steffanos Abraha	12 Twin Cities Academy/Great River	26.99a
10 Noah Vang	9 Math & Science Academy	28.22a
11 Michael Yassa	8 Math & Science Academy	28.48a
12 Thomas Kanowitz	11 Liberty Classical Academy	30.02a
13 Za'kay Kimble	7 Hmong College Prep Academy	32.64a
14 Art Lee	8 Hmong College Prep Academy	42.66a
Clarence Dixon	9 Liberty Classical Academy	NT

Boys Varsity 400 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Levi Sutkowski	10 Liberty Classical Academy	53.73a
2 Ian Dugas	11 Math & Science Academy	53.95a
3 Lincoln Bock	12 Avail Academy	55.55a
4 Sebastian Sanchez-Solis	10 Hiawatha Collegiate High School	56.00a
5 Jacob Stiele	11 Twin Cities Academy/Great River	58.61a
6 Chee Lee	9 Twin Cities Academy/Great River	58.78a
7 Sundar Raghuvamsh-Singire	11 Math & Science Academy	1:02.26a
8 Carter Vang	9 Math & Science Academy	1:02.48a
9 Daniel Fernandez Rojas	10 Hiawatha Collegiate High School	1:02.65a

10 Bennett Viswanathan	8 Twin Cities Academy/Great River	1:04.18a
11 Filbert Amenumey	11 Liberty Classical Academy	1:08.74a
12 Benjamin Vang	12 Hmong College Prep Academy	1:24.55a
13 Aaron Yang	12 Hmong College Prep Academy	1:25.42a
Clarence Dixon	9 Liberty Classical Academy	NT
Ser Ney Mu	12 Hmong College Prep Academy	NT

Boys Varsity 800 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Anderson Schuttinga	12 Avail Academy	2:07.92a
2 Bryan Flores-Rascon	10 Hiawatha Collegiate High School	2:08.32a
3 Ben Wurst	11 Liberty Classical Academy	2:08.66a
4 Ian Dugas	11 Math & Science Academy	2:11.97a
5 Hunter Tachen	12 Liberty Classical Academy	2:28.16a
6 Oscar Madson	8 Twin Cities Academy/Great River	2:32.85a
7 Yohualli Martinez Pineda	9 Hiawatha Collegiate High School	2:32.95a
8 Benjamin Kleman	10 Twin Cities Academy/Great River	2:32.98a
9 Adiel Hernandez-Romero	9 Hiawatha Collegiate High School	2:39.76a
10 Amos Keitel	8 Twin Cities Academy/Great River	2:44.63a
11 Cade Mandell	12 Liberty Classical Academy	2:47.97a
12 Elliot Her	7 Hmong College Prep Academy	3:14.67a
13 Deacon Her	7 Hmong College Prep Academy	3:26.21a

Boys Varsity 1600 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Liam Caldwell	11 Math & Science Academy	4:54.36a
2 Dennys Pacheco	10 Hiawatha Collegiate High School	5:03.68a
3 Jonah Wurst	10 Liberty Classical Academy	5:08.00a
4 Fernando Tellez-Mercado	10 Hiawatha Collegiate HS	5:13.37a
5 David Hao	10 Math & Science Academy	5:23.40a
6 Oscar Madson	8 Twin Cities Academy/Great River	5:34.13a
7 Benjamin Kleman	10 Twin Cities Academy/Great River	5:35.89a
8 Zain Abdi	12 Hiawatha Collegiate High School	5:36.48a
9 Lincoln Meiers	9 Math & Science Academy	5:52.13a
Anton Buck	9 Liberty Classical Academy	NT
Stinson Walling	11 Twin Cities Academy/Great River	NT

Boys Varsity 3200 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Liam Caldwell	11 Math & Science Academy	11:01.18a
2 Natenael Tadele	12 Math & Science Academy	11:36.02a
3 Dennys Pacheco	10 Hiawatha Collegiate High School	11:39.01a
4 Anderson Castro-Lopez	11 Twin Cities Academy/Great Rvr	11:48.83a
5 Oliver Brooks	9 Twin Cities Academy/Great River	12:41.57a
6 Jeremy Hernandez Vargas	7 Hiawatha Collegiate HS	12:42.16a
7 Anton Buck	9 Liberty Classical Academy	13:56.40a
8 Glen Middleton	7 Hiawatha Collegiate High School	14:07.81a
9 Eshan Katare	11 Math & Science Academy	14:33.01a
10 Will Welch	10 Liberty Classical Academy	15:19.59a

Boys Varsity 110m Hurdles Finals

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Athlete Yr Team Mark H# Wind

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- 1 Josiah Lawson 11 Math & Science Academy 18.82a
- 2 Germany Garcia 9 Twin Cities Academy/Great River 20.05a
- 3 Johann Dominguez-Cortes 10 Hiawatha Collegiate High School 20.88a
- 4 Levin Nguyen 12 Math & Science Academy 20.98a
- 5 Ke'shawn Alexander 12 Hiawatha Collegiate High School 22.64a
- 6 Ernesto Medina-Ramirez 12 Hiawatha Collegiate High School 23.22a
- 7 Evan Berg 9 Liberty Classical Academy 24.91a

Boys Varsity 300m Hurdles Finals

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Athlete Yr Team Mark H# Wind

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- 1 Josiah Lawson 11 Math & Science Academy 45.94a
- 2 Andon Vande Glind 9 Avail Academy 47.27a
- 3 Johann Dominguez-Cortes 10 Hiawatha Collegiate High School 52.13a
- 4 Christian Chuqui-Vivar 10 Hiawatha Collegiate High School 56.60a
- 5 Evan Berg 9 Liberty Classical Academy 57.18a
- Levin Nguyen 12 Math & Science Academy DQ

Boys Varsity 4x100m Relay Finals

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Team Time H#

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- 1 Liberty Classical Academy 44.69a
- 1) Ben Montag 2) Colin Anderson
- 3) Will Smith 4) Everett Gilbert
- 2 Twin Cities Academy/Great River 45.69a
- 1) Steffanos Abraha 2) Emilio Avina
- 3) Alijah Brann 4) Da'Mari Smith
- 3 Math & Science Academy 47.52a
- 1) Moritz Marquardt 2) Jean-Charles Sawaya
- 3) George Yassa 4) Caleb Sackitey
- 4 Hiawatha Collegiate High School 49.90a
- 1) Eduardo Flores-Gonzalez 2) Asai Roberts
- 3) Ulices Tablas-Aguilar 4) Jayden Stewart
- Hmong College Prep Academy NT
- 1) Ethan Yang 2) Po Mu
- 3) Eh Thaw 4) Toupheng Her

Boys Varsity 4x200m Relay Finals

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Team Time H#

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- 1 Hiawatha Collegiate High School 1:35.26a
- 1) Sebastian Sanchez-Solis 2) Asai Roberts
- 3) Jayden Stewart 4) Melvin Anderson
- 2 Avail Academy 1:37.73a
- 1) Lincoln Bock 2) Anderson Schuttinga
- 3) Carrick Mick 4) Zach Henry
- 3 Math & Science Academy 1:39.61a
- 1) Caleb Sackitey 2) Jean-Charles Sawaya
- 3) Josiah Lawson 4) Moritz Marquardt
- 4 Liberty Classical Academy 1:43.74a
- 1) Levi Sutkowski 2) Zack Smith
- 3) William Gilbert 4) Thomas Kanowitz

Boys Varsity 4x400m Relay Finals

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Team Time H#

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- 1 Liberty Classical Academy 3:43.60a
- 1) Will Smith 2) William Gilbert
- 3) Jonah Wurst 4) Levi Sutkowski
- 2 Avail Academy 3:47.29a
- 1) Lincoln Bock 2) Carrick Mick
- 3) Andon Vande Glind 4) Anderson Schuttinga
- 3 Twin Cities Academy/Great River 3:55.61a
- 1) Jacob Stiele 2) Alijah Brann
- 3) Benjamin Kleman 4) Chee Lee
- 4 Math & Science Academy 4:00.51a
- 1) Ian Dugas 2) Liam Caldwell
- 3) Alex Nyenhuis 4) Jean-Charles Sawaya
- Hiawatha Collegiate High School DQ
- 1) Bryan Flores-Rascon 2) Sebastian Sanchez-Solis
- 3) Fernando Tellez-Mercado 4) Jayden Stewart

Boys Varsity 4x800m Relay Finals

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Team Time H#

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- 1 Hiawatha Collegiate High School 8:57.53a
- 1) Nicolas Rodriguez Lagarda 2) Fernando Tellez-Mercado
- 3) Yohualli Martinez Pineda 4) Bryan Flores-Ras
- 2 Liberty Classical Academy 9:01.04a
- 1) Ben Wurst 2) Jonah Wurst
- 3) Hunter Tacheny 4) Nels Zenner
- 3 Twin Cities Academy/Great River 9:07.83a
- 1) Anderson Castro-Lopez 2) Oscar Madson
- 3) Benjamin Kleman 4) Oliver Brooks
- 4 Math & Science Academy 9:12.26a
- 1) David Hao 2) Lalit Reddy
- 3) Ben Smitley 4) Alex Nyenhuis

Boys Varsity Shot Put Finals

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Athlete Yr Team Mark H#

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- 1 Kingston Normil 11 Twin Cities Academy/Great River 40-08.00
- 2 Princeton Normil 11 Twin Cities Academy/Great River 39-06.00
- 3 Aaron Lucio 11 Math & Science Academy 37-05.00
- 4 Will Smith 11 Liberty Classical Academy 30-11.00
- 5 Aashish Valluri 12 Math & Science Academy 28-08.00
- 6 Jordan Palacios-Pena 10 Hiawatha Collegiate High School 28-03.00
- 7 Peter Chaple 8 Twin Cities Academy/Great River 27-10.50
- 8 Eda Tolar 11 Liberty Classical Academy 27-10.00
- 9 Ke'shawn Alexander 12 Hiawatha Collegiate High School 26-10.50
- 10 Tyler Solid 11 Math & Science Academy 26-01.00
- 11 Zack Smith 9 Liberty Classical Academy 24-07.50
- Johann Dominguez-Cortes 10 Hiawatha Collegiate High School NM

Boys Varsity Discus Finals

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Athlete Yr Team Mark H#

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- 1 Aaron Lucio 11 Math & Science Academy 102-07.00
- 2 Kingston Normil 11 Twin Cities Academy/Great River 100-00.00
- 3 Princeton Normil 11 Twin Cities Academy/Great River 99-04.50
- 4 Will Smith 11 Liberty Classical Academy 95-00.00
- 5 Tyler Solid 11 Math & Science Academy 89-07.00
- 6 Nicolas Rodriguez Lagarda 10 Hiawatha Collegiate HS 79-04.00
- 7 Jordan Palacios-Pena 10 Hiawatha Collegiate High School 75-08.00

8 Eda Tolar 11 Liberty Classical Academy 74-00.50
9 Peter Chaple 8 Twin Cities Academy/Great River 74-00.00
10 Ulises Tablas-Aguilar 11 Hiawatha Collegiate High School 71-01.00
11 Cade Mandell 12 Liberty Classical Academy 70-10.00
12 Aashish Valluri 12 Math & Science Academy 67-02.00

Boys Varsity High Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Everett Gilbert 12 Liberty Classical Academy 6-02.00
2 Jacob Stiele 11 Twin Cities Academy/Great River 5-02.00
3 Anderson Schuttinga 12 Avail Academy 5-02.00
4 Lincoln Bock 12 Avail Academy 5-02.00
5 Germany Garcia 9 Twin Cities Academy/Great River 5-00.00
6 Abhinav Kamisetty 11 Math & Science Academy 5-00.00
7 Kunashe Nyenya 11 Twin Cities Academy/Great River 4-10.00
8 Daniel Martinez Quintana 10 Hiawatha Collegiate HS 4-10.00
9 Nicolas Rodriguez Lagarda 10 Hiawatha Collegiate HS 4-08.00
10 Dennys Pacheco 10 Hiawatha Collegiate High School 4-08.00
Cade Mandell 12 Liberty Classical Academy NH

Boys Varsity Long Jump Finals

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Athlete Yr Team Mark H# Wind

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1 William Gilbert 10 Liberty Classical Academy 19-00.50
2 Colin Anderson 12 Liberty Classical Academy 19-00.00
3 Jacob Stiele 11 Twin Cities Academy/Great River 17-05.75
4 Melvin Anderson 12 Hiawatha Collegiate High School 17-00.00
5 Jayden Stewart 9 Hiawatha Collegiate High School 16-07.00
6 Ben Montag 12 Liberty Classical Academy 16-03.50
7 Abhinav Kamisetty 11 Math & Science Academy 16-00.00
8 Germany Garcia 9 Twin Cities Academy/Great River 15-03.50
9 Andon Vande Glind 9 Avail Academy 14-11.75
10 Michael Yassa 8 Math & Science Academy 14-07.75
11 Iskander Valente-Quiterio 9 Hiawatha Collegiate HS 13-11.75
12 Sundar Raghuvamsh-Singireddy 11 Math & Science Acad. 12-11.75
Eh Thaw 9 Hmong College Prep Academy NM

Boys Varsity Triple Jump Finals

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Athlete Yr Team Mark H# Wind

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1 William Gilbert 10 Liberty Classical Academy 41-10.00
2 Colin Anderson 12 Liberty Classical Academy 38-11.50
3 Levi Sutkowski 10 Liberty Classical Academy 37-00.50
4 Andon Vande Glind 9 Avail Academy 34-07.00
5 Nicolas Rodriguez Lagarda 10 Hiawatha Collegiate HS 33-06.00
6 Josiah Lawson 11 Math & Science Academy 32-07.50
7 Daniel Fernandez Rojas 10 Hiawatha Collegiate High School 29-08.00
8 Bennett Viswanathan 8 Twin Cities Academy/Great River 29-06.50
9 Eduardo Flores-Gonzalez 10 Hiawatha Collegiate HS 29-05.00
10 Mintai Fu 9 Math & Science Academy 25-01.00